

# Brit Adamah – Promise to the Earth

**To help take care of our Earth, for our family, future generations, and all living beings, I will:**

(Feel free to choose one promise from each category below or write your own!)

## At home

- ☐ Reuse and repair what I own and consider secondhand items before buying new.
- ☐ Avoid products with excess packaging and recycle as much possible.
- ☐ Consider an at-home compost pile or investigate local composting initiatives.
- ☐ Create art and upcycled items out of waste materials or unwanted products.
- ☐ Conserve electricity, gas, water, and other resources.
- ☐ My own idea:

## Outside

- ☐ When possible, choose to walk or ride a bike instead of driving.
- ☐ Plant a tree or shrub in a pot, in the yard, or in the neighborhood.
- ☐ Create an herb or vegetable garden or participate in a local community garden.
- ☐ Buy food that is sustainably grown by local farmers and cook something delicious and healthy.
- ☐ My own idea:

## In the community

- ☐ Visit the library or do my own research to learn more about climate change and its impact.
- ☐ Have a conversation about climate change with a friend or family member.
- ☐ Volunteer with a local climate action organization or join or create an environmental club at school.
- ☐ Contact elected officials and urge them to act against climate change. Start a letter-writing campaign so those I know can do the same!
- ☐ My own idea:

*For our families, and for the Earth, we will strive to accomplish the goals listed above, and to keep these promises to the best of our abilities.*